

# TEAM BUILDING

---





## DISCOVER TEAM SPIRIT

Help colleagues bond and work together effectively amongst the unique environments of the Great Barrier Reef and Wet Tropics Rainforest.





## WHITE WATER RAFTING

Get the adrenalin pumping as you race down white water rapids on a raft surrounded by the tropical rainforest. For a memorable and bonding experience, white water rafting offers exciting team building activities from ropes courses to treasure hunts down the river. Get your colleagues involved in raft racing and group rescues or fun games with your tour guide.



## AMAZING RACE

Get to know your host city with an amazing race, by walking, running or cycling through the tropical landscape, discovering different wildlife and meeting new people. Take photos of landmarks and solve clues to uncover the amazing facts about this region. Race from the reef to the rainforest to add some memorable challenges, whether it's identifying fish while snorkelling, foraging for bush tucker on a hike or spying bird species in their natural habitat.



## ROPES COURSE

Test your bravery on a high ropes course where you can zip-line over Goliath, the resident giant saltwater crocodile, and try more than 65 different rope crossings over two height levels all within a wildlife park. Take in the sights and sounds of Cairns city from a unique vantage point atop a Casino with a walk around a glass dome while connected to a continuous belay system.





## JUNGLE SURFING

Find out who has the leg muscles in the group while turning a giant hamster wheel that will pulley your teammates up into the rainforest canopy on a zip-line. Take turns sliding off eco-friendly platforms and zooming through the trees high in the Daintree Rainforest and see who will be the first to dangle upside down.



## ATV & HORSE RIDING

What better way to break the ice than by getting down and dirty with an adrenalin pumping ATV ride. Take the controls of a four-wheeler on a rough country course or try the other kind of 'horse' power by riding saddleback. Live the life of an Aussie farmer taking a hayride behind a tractor to get up close and personal to feed the cattle.



## MOUNTAIN BIKING

Zoom through parts of the rainforest and outback on your a mountainbike that not even walkers can access. With tracks to suit all experience levels, take on a challenge that rewards with exhilarating experiences and breathtaking views - plus, a good full body workout.





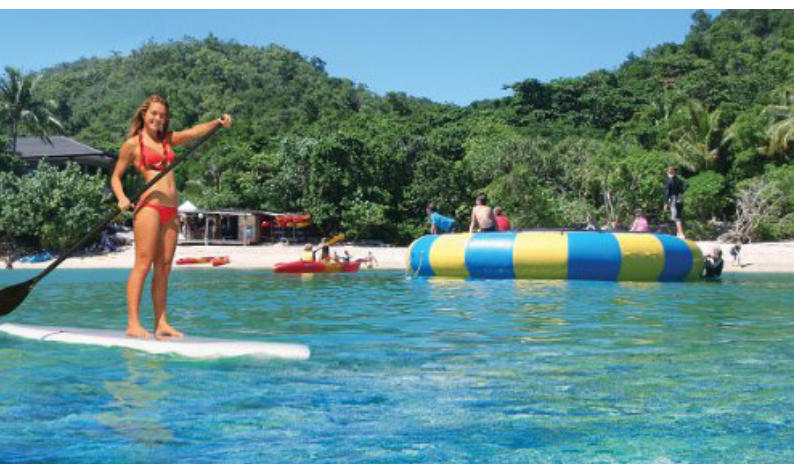
## COOKING SCHOOL

Bring out the ultimate flavours of tropical fruits and local fare by putting your skills to the test. Start your day exploring tasty delights at the local market and work as a team to tick all the boxes on your exotic shopping list. Then head back to the kitchen to create a tantalising meal or whip up a tropical cocktail. For the pros, up the ante and unleash your inner chef with a mystery box revealing local ingredients and concoct a dinner in a professional hotel kitchen.



## BEACH BONDING

Get to know each other or test competitive streaks with a light-hearted game of beach volleyball. On the water, go for gold with a canoe race around an island or try balancing on a stand up paddleboard. Get tropical with a beach-themed heptathlon where you can pass the inflatable croc and play hockey using a paddle and a coconut, or take a step back and unwind with a beach yoga class by the Coral Sea.



## CORPORATE SOCIAL RESPONSIBILITY

Team up to give back to nature and leave something to remember your journey by with an official tree-planting voyage. Work with local communities, governments and landcare groups to keep the rainforest alive or help at one of the Eucalyptus plantations that keep our cuddly koalas well-fed. Take to the sea to nurture sick and injured sea turtles and help to keep this integral conservation effort running.

